



Define | Design | Deploy | Deliver

BharatCares

Health Portfolio

About BharatCares

BharatCares (SMEC Trust) is the social impact arm of the CSRBOX Group and is recognised among India's Top 50 Social Impact Organisations. Established to drive on-ground program delivery, BharatCares bridges communities, funders, innovators, and government to scale impactful solutions for the last mile across thematic areas including:



Environmental Sustainability



Education



Employability



Healthcare



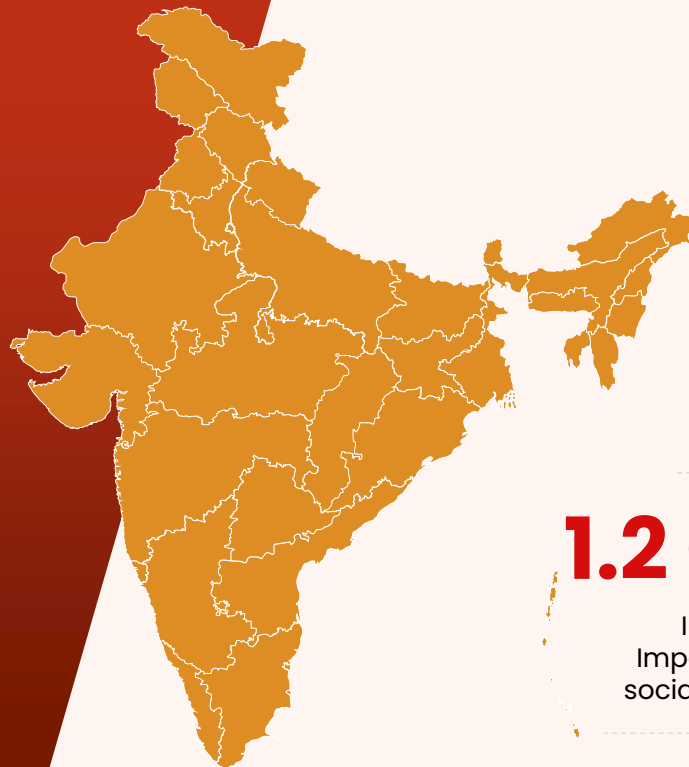
Rural Infrastructure



Entrepreneurship



Road Safety



24

State

140+

District Presence

1.2 Crore

Individuals Directly Impacted through our social impact program



Program dashboard for live data updates and monitoring



Superior SROI mapping



Periodic progress reports, impact stories and documentation





















Communities holistic need assessment and baseline study with digital tools



Need based program design and baseline data for monitoring and impact assessment

Our Government Partnerships

Strong Government Partnership: Gujarat, Maharashtra, Uttar Pradesh, Haryana, Rajasthan, North East, Uttarakhand, Delhi. Presence in 24 States

 <p>অসম চৰকাৰ সংসদ ভৱন GOVERNMENT OF ASSAM</p>	 <p>সংসদ ভৱন Government of Mizoram</p>	 <p>সংসদ ভৱন Government of National Capital Territory of Delhi</p>	 <p>સાચમેવ જયતે ગુજરાત સરકાર Government of Gujarat</p>	 <p>सत्यमेव जयते राजस्थान सरकार Government of Rajasthan</p>	 <p>सत्यमेव जयते Office of Principal Scientific Advisor to the Government of India</p>
 <p>सत्यमेव जयते Ministry of Electronics and Information Technology Government of India</p>	 <p>ਗੁਰਮਤਿ ਸਚੈ ਗੋਬਤ ਬਾਨੀ ਸੰਸਦ ਭਵਨ GOVT. PUNJAB</p>	 <p>सत्यमेव जयते GOVT. OF HARYANA</p>	 <p>GOVT. OF JAMMU AND KASHMIR</p>	 <p>उत्तराखण्ड राज्य</p>	 <p>ఆంధ్రప్రదేశ్ సంసద భవన్ ఆంధ్రప్రదేశ్ శాసన GOVT. OF ANDHRA PRADESH</p>
 <p>GOVT. OF JHARKHAND</p>	 <p>GOVERNMENT OF UTTAR PRADESH</p>	 <p>GOVT. OF WEST BENGAL</p>	 <p>GOVT. OF WEST BENGAL</p>	 <p>NATIONAL HEALTH MISSION राष्ट्रीय स्वास्थ्य मिशन</p>	 <p>GOVERNMENT OF KARNATAKA</p>

Our Partners



Our Programs



Kishori Utkarsh Pehal

Kishori Utkarsh Pehal is a transformative initiative dedicated to empowering adolescent girls – both school-going and out-of-school – with a strong focus on health, leadership development, and skill building. Through dynamic training sessions and youth collectives, the programme fosters holistic growth, equipping girls with the confidence, knowledge, and life skills to become resilient, empowered changemakers in their communities.

Impact Numbers

12,344+

Adolescents Reached via
Capacity Building

72,075

IFA Tablets Consumed via
Bal Sansad by 5,573
Adolescents

Locations

Jhagadia, Ankleshwar & Bharuch (Gujarat)



Program Elements



Adolescent Health



Nutrition



Legal Protection and Rights of
Adolescent Girls



Knowledge and Convergence
of Government Schemes

Supported By:



Swasthya Saheli

BharatCares' Swasthya Saheli is a transformative health initiative that empowers adolescent girls in remote areas through mobile outreach and life skills training. By forming Kishori Manch groups, it creates peer support networks and fosters leadership, enabling girls to tackle health challenges and contribute to their communities. In partnership with government and local institutions, Swasthya Saheli integrates health education with holistic development, creating a unique ecosystem that nurtures confident, resilient leaders

Impact Numbers

31,114

Adolescent Girls Trained

1,615

Kishori Manch Formed

202

Schools Covered During the Sessions

Locations

Jhagadia, Ankleshwar & Bharuch (Gujarat)



Program Elements



Trainer Capacity Building



Government Liaison



Mobile Outreach via Swasthya Saheli Vans



Life Skills Training for Adolescent Girls

Supported By:



METROPOLIS

Swasthya Manch

Swasthya Manch is an initiative dedicated to enhancing mental health and well-being among rural adolescents. Through mental health awareness, leadership development, and skill-building workshops, the programme partners with schools and communities to create a nurturing environment for youth to thrive. What sets Swasthya Manch apart is its holistic approach, seamlessly blending mental well-being, life skills, and leadership to ensure lasting impact. Empowering adolescents to navigate challenges, the programme fosters resilience and cultivates thriving, supportive communities.

Impact Numbers

10

Villages Covered

15

Schools Engaged

1,500+

Students Impacted

Locations

Bharuch (Gujarat)

Program Elements



Mental Health



Leadership Development



Skill Building



Youth Training



Supported By:

adani
Foundation

Project Abhaya

Project Abhaya empowers adolescent girls by equipping them with essential life skills, including self-defense, financial literacy, nutrition, social etiquette, interview preparation, constitutional rights, time management, and health and hygiene. Through hands-on training and interactive workshops, the initiative fosters confidence and practical knowledge, preparing participants to navigate life's challenges with resilience and independence. By focusing on holistic development, Project Abhaya ensures these young girls not only thrive but also become empowered, self-reliant individuals ready to lead with strength and purpose.

Impact Numbers

542

Adolescent Girls Trained

3

Schools Covered

Locations

Bharuch (Gujarat)



Program Elements



Health and Hygiene



Financial Literacy



Nutrition



Interview preparedness

Supported By:

ARKEMA

BOSTIK

Project Shakti

Project Shakti empowers women in prisons by addressing critical issues like menstrual hygiene, debunking myths, and providing much-needed support to incarcerated women. Its unique focus on prison inmates ensures that women in these underserved and often overlooked settings receive the care and education they deserve. Through workshops and campaigns, the initiative raises awareness about menstrual health, gender equality, and women's rights, fostering a supportive community within the prison system. By tackling societal taboos and offering practical resources, Project Shakti creates lasting change, enabling women to lead healthier, more confident lives while championing a culture of empowerment and dignity.

Impact Numbers

23

Prisons

1,131

Inmates Benefitted

Locations

Uttar Pradesh, Uttarakhand, Delhi

Program Elements



Women Empowerment



Menstrual Hygiene Awareness



Myth Busting



Prison Support



Supported By:



Mobile Health Units

BharatCares' Mobile Health Unit (MHU) programme is revolutionising healthcare access by delivering essential medical services to remote and underserved communities. With fully equipped units staffed by skilled healthcare professionals, the MHU provides antenatal and postnatal care, facilitates safe deliveries, and offers emergency medical support. The programme's unique ability to reach areas with limited or no healthcare infrastructure bridges the gap between patients and life-saving interventions. By ensuring timely medical care and ongoing support, BharatCares' MHU programme is significantly improving health outcomes, empowering communities to live healthier, more resilient lives. It is not just healthcare delivery—it is a vital lifeline for those in need.

Impact Numbers

1,476

Antenatal Care and Postnatal Care
Checkups Conducted

1,069

High Risk Pregnancies Identified and
Referred at Higher Healthcare Facility for
Treatment/Counselling

Locations

Bharuch (Gujarat)

Program Elements



Mobile Clinic



Doctor Teams



Remote Access



Health Monitoring



Supported By:



Bharat Swasthya Sankalp

Bharat Swasthya Sankalp stands out as a pioneering programme dedicated to strengthening healthcare services by upgrading primary health centers. What makes it unique is its integrated approach, combining advanced medical training, community-driven outreach, and the use of innovative, cost-effective solutions to ensure sustainable improvements in healthcare delivery. Unlike traditional initiatives, Bharat Swasthya Sankalp actively engages local communities and leverages strategic partnerships to tailor healthcare services to regional needs. By focusing on both preventive care and treatment, the programme not only upgrades infrastructure but also builds long-term resilience within underserved regions.

Impact Numbers

7,00,000+

Individuals Impacted

35

PHCs Upgraded

Locations

Karnakata

TamilNadu

Gujarat

Program Elements



Infrastructure Upgrade



Healthcare Access



Medical Training



Community Outreach



Supported By:



GE HealthCare

CONCORD BIOTECH
ओम-डी-बी-ओ



Influenza Vaccination Awareness and Capacity Building Programme

The Influenza Vaccination Awareness and Capacity Building Programme combines targeted education with healthcare provider training to address seasonal influenza challenges. Focusing on vulnerable groups—pregnant women, adults with chronic conditions, the elderly, and healthcare workers—this initiative builds public trust through personal narratives while improving vaccination access. This public-private collaboration not only reduces influenza-related illness but establishes a sustainable preventive healthcare model that strengthens public health infrastructure across communities.

Impact Numbers

300

Trained Medical Professionals

290

sensitisation Sessions Conducted

3,261

Community Members Reached

Locations

Goa

Program Elements



Influenza Vaccine Awareness



Vulnerable Population Focus



Community Engagement



Public-Private Partnership



Supported By:

